



DIABETES EDUCATION PROGRAMS

While you manage your patients' care, diabetes educators focus on empowering patients to manage their diabetes. They teach, coach and guide patients to understand diabetes in the context of their lives.

Diabetes education currently offers individual appointments either in person, virtually or by phone. NextGen providers can enter an order electronically under the assessment/plan section on the SOAP template, select referrals and then therapies/rehabilitation. For additional questions, call NG help desk at extension **2458**.

Insulin resistance

Meal plan and exercise to help patients get started with healthier habits to improve insulin resistance and possible weight loss.

Prediabetes

Discuss risk factors that can be changed to delay or prevent type 2 diabetes.

Type 1 diabetes

For patients recently diagnosed or wanting a review.

Type 2 diabetes

Education on self-care behaviors for patients new to diabetes or with no previous diabetes education.

Gestational diabetes

Education and support to pregnant women diagnosed with gestational diabetes. Patients learn how to manage their blood sugar throughout pregnancy.

Other diabetes offerings by request

- Using an insulin pump
- How to use a personal continuous glucose sensor
- 14-day Libre professional continuous glucose sensor to evaluate current treatment plan

Interpreters available on request

Questions? Call (574) 364-1940



Goshen Hospital