

User Instruction Guide

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Acquire the EZ Scan® 2 app

Find the app in the App Store or Play store. Install and open the EZ Scan 2 app.

Note: EZ Scan® works on iPads, Android tablets and smartphones running iOS 10.0 and later or Android 6.0 (Marshmallow) and later. EZ Scan® is not compatible with Amazon Kindle or Fire, and Google Chromebooks.



2

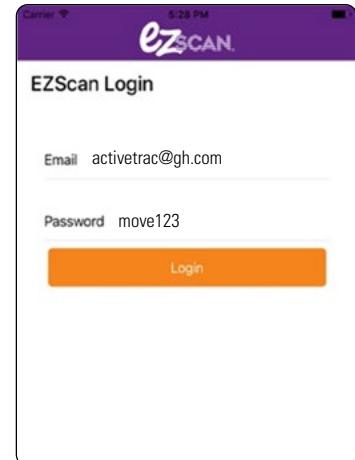
Logging in to EZ Scan

Once the EZ Scan® 2 app is opened, it will ask you to name your device (example: Anne's iPhone)

Login using the email and password below. All participants will use the same email and password for the program.

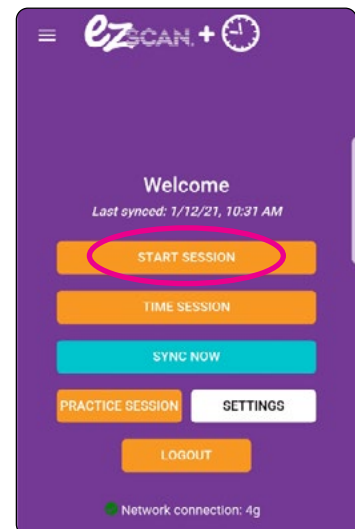
Email: activetrac@gh.com

Password: move123



Start your session

From the Welcome Screen, select **Start Session**.



Choose your course

Moderate

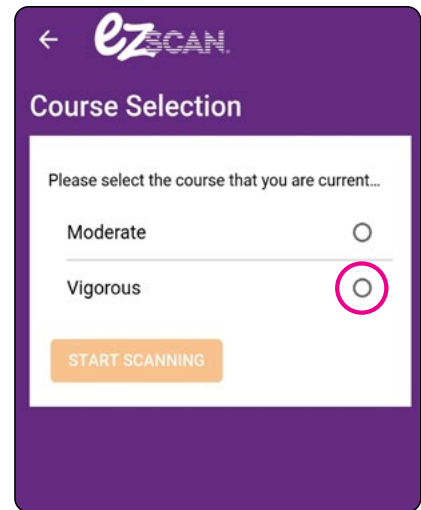
Activity performed at a moderate level may result in light sweating, increased heart rate and difficulty in carrying on a conversation.

Vigorous

Activity performed at a vigorous level takes a large amount of effort and may result in a very high heart rate and rapid/difficulty in breathing.

Now select **Start Scanning**.

This will open the camera on your device.



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Scanning your code

Each participant is assigned a unique QR code with a number and their name at the top.

Make sure the appropriate QR code matches the number for the person whose activity is being scanned.

Scan your code once for each 20-minute session

20 minutes of Moderate Course = 1 mile

20 minutes of Vigorous Course = 2 miles

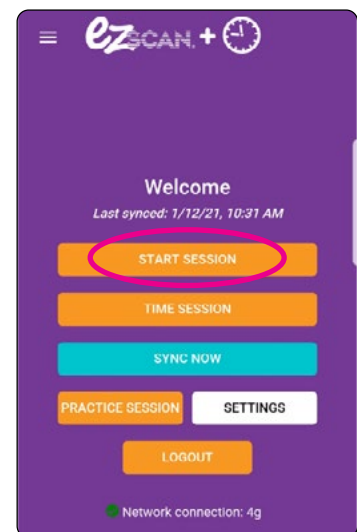
Select **Stop Scanning** to change your course or finish your session.



Scanning for other members of your household

Return to Home Screen and repeat steps for other participants in your household.

From the Welcome Screen, select **Start Session**.

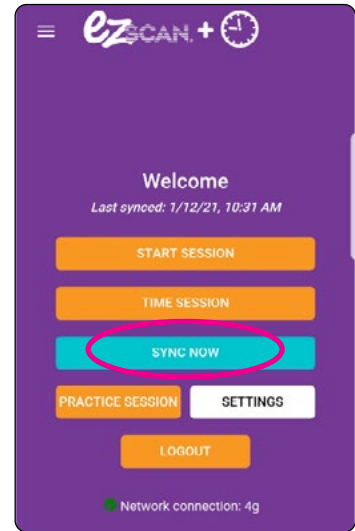


4

Sync your data

Once you have added activity for everyone in your group, select **Sync Now**.

Your device must be connected to the Internet to sync your Data to the EZ Tally® data base.



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Monitor your progress

To see your collective data, you will need the EZ Tally website – not the app.

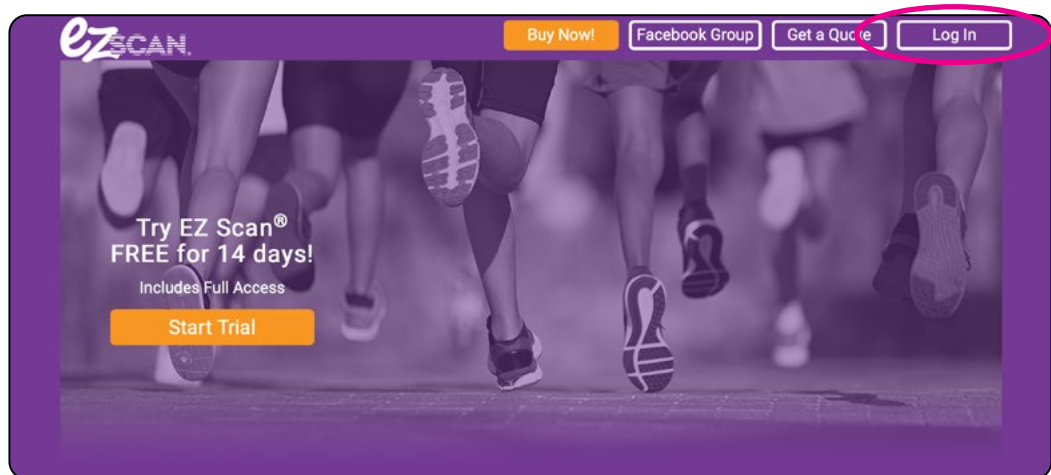
Using your web browser such as Chrome or Safari visit www.ez mileageclub.com.

Select **Log In** from the top right corner.

Use the same Email and Password provided to you by Goshen Health for the app.

Email: activetrac@gh.com

Password: move123



Monitor your progress

Once you have successfully logged in, you will see the Goshen Health Community Class Sheet.

The Total Distance is the combined distance for all participants.

To calculate your total distance, scroll through the Student Name > column, find your unique id number and view your miles.

Welcome to your Class Sheet! This is the center of the EZ Tally® database. View student progress by class, grade and team. You can also check individual laps per day, keep track of awards, and much more!

Select by **Class** **Team** 2021

2021 ? **Total Distance**
9.00

Miles	Student Name >	Distance
	00 01	3.00
	00 02	3.00
	00 03	3.00

Awards
Participation
Print

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Optional Themes and Settings

Add fun and encouragement with Themes. Each theme has visual and audio effects that occur when codes are scanned.

- Select themes
- Set camera default
- Choose your orientation
- Send data

ezSCAN +

Welcome
Last synced: 1/12/21, 10:31 AM

START SESSION
TIME SESSION
SYNC NOW
PRACTICE SESSION
SETTINGS
LOGOUT

Network connection: 4g

ezSCAN

Settings

MANAGE INSTALLED THEMES

Theme Coach
Camera back camera
Device Name Hollie's Galaxy
Orientation portrait-prim...
Program

SAVE SETTINGS BACK TO HOME

Support Options

SEND DATA SEND LOGS

App Version 1.1.9



Goshen Health

Need more help?

See our Frequently Asked Questions at this link – [Get FAQs](#)
Email us: CommunityEngagement@GoshenHealth.com
Call us: (574) 364-2496