

July 2022 Updates

- **Health Video Library** – We offer free [educational videos](#) on several topics featuring Goshen Health experts to help you and your family stay healthy.
- **Monthly Winner!** – Congratulations to Kim! Each month, one person is randomly selected to win a special prize just for logging miles during that month. You could be our next winner- just log some miles in July to qualify for the next drawing!
- **Fair Fun!** – Visit us out at the Elkhart County fair, July 22 – 30th. Goshen Health is offering a variety of fun, FREE [family-friendly activities](#) throughout the week including an Emoji Puzzle Challenge.
- **ActiveTrac Help!** – Have questions about logging activity, rewards or getting started? Lose your QR code? Click [here](#) for help or give us a call!
- **Fun Facts!** – To date, participants have logged a total of **4,228** miles! 😊

*Keep Up the
Good Work!*

Can we help?

Email us: CommunityEngagement@GoshenHealth.com

Call us: (574) 364-2496



Goshen Health