



**Cardiopulmonary Services**

200 High Park Avenue  
 Goshen, Indiana 46526  
 Phone: (574) 364-2625 Fax: (574) 364-2791  
 Appointment Date and Time: \_\_\_\_\_

Hours of Operation Monday - Friday 7 a.m. – 4:30 p.m.  
 To Schedule Please Call (574) 364-2400  
 Fax Order To (574) 364-2410

Patient Name _____ Date of Birth _____ Social Security # _____ Address _____ City _____ State _____ Zip _____ Telephone # _____  Primary Insurance _____ Primary Policy # _____ Group # _____  Secondary Insurance _____ Secondary Policy # _____ Group # _____	Ordering Physician Signature _____ Ordering Physician _____  Primary Care Physician _____ Send Copy To _____ Fax Results To _____  Diagnosis #1 _____ ICD-10 Code _____ Diagnosis #2 _____ ICD-10 Code _____ Diagnosis #3 _____ ICD-10 Code _____ Diagnosis #4 _____ ICD-10 Code _____
Routine _____ Phone _____	STAT _____ Fasting _____

	EKG / ECG		
	Cardiac Stress Test Standard/ Exercise		Sputum Specimen Collection x1____ x3____ <ul style="list-style-type: none"> <li>• If x3, pt needs to come three consecutive mornings</li> </ul>
	Stress Echo Walking/ Exercise		
	Dobutamine Stress Echo		Spirometry w/Bronchodilator
	Short term Holter Monitor 24 hr____ 48 hr____		Spirometry
	Long term Holter Monitor 7 days____ 14days ____		Diffusion Lung Capacity
	Event Monitor 14 days____ 30 days____		Plethysmography
	Nocturnal Oximetry		
	Arterial Blood Gas _____ Room Air _____ O2 LPM <ul style="list-style-type: none"> <li>• Needs to be scheduled</li> </ul>		Full PFT *Includes Spirometry & Bronchodilators, Diffusion Capacity & Plethysmography <ul style="list-style-type: none"> <li>• If unable to perform pleth, Nitrogen Washout will be done</li> </ul>
	Venous Blood Gas <ul style="list-style-type: none"> <li>• Drawn in Lab</li> </ul>		
	Pulse Oximetry _____ Room Air _____ O2 LPM		Provocholine Challenge: * Pt must have baseline FEV1/FVC% of 70% or greater to perform this test. <b>Other PF tests cannot be done with challenge.</b>
	Other:		
	Special Instructions:		
			<b>See Reverse Side for Additional Instructions</b>

## Special Instructions

**All Patients:**

- Call to reschedule, if you are unable to keep your appointment. 574-364-2400
- Bring a list of all of your current medications and when you take them.

**FOR PULMONARY FUNCTION TESTING:**

- Do not take a breathing treatment (including inhaler treatments) within 4 hours prior to the test unless you have been specifically instructed to do so.
- You may eat a light meal before testing.
- Pulmonary Function testing may take 45 to 60 minutes.

**FOR CARDIAC STRESS TESTING:**

- Get a good night's rest prior to the test.
- Wear comfortable, loose fitting clothing and walking shoes (tennis shoes. No sandals)
- **NPO** 4 hours prior to test.
- **Hold** caffeine products 12 hours prior to test. This includes coffee, decaf coffee, colas, chocolate and Excedrin.
- **Hold** Beta-blockers, Nitrates, and Ranexa 24 hours prior to test.
- **Hold** Diabetic meds the morning of your test.
- You may take their other medications with sips of water including **blood pressure medications.**
- You may bring medications to take as soon as the stress test is complete.

**FOR CARDIAC MONITORS:**

- Your chest area must be clean. No lotion or oil on the chest.
- You will be at the hospital for approximately 30 minutes. Your actual testing time is determined by the monitor your doctor ordered.

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