



Katherine O'Toole, NP-C

Specialty: Sleep & Allergy Medicine

✔ Welcoming new patients

GOSHEN PHYSICIANS SLEEP & ALLERGY MEDICINE

2417 S Berkshire Dr, Goshen, IN 46526 [Get Directions](#)

Existing Patients: 574-534-9911

New Patients: 574-537-5000

Biography

Katy O'Toole is a certified nurse practitioner at Goshen Physicians Sleep & Allergy Medicine. She diagnoses and treats teenagers and adults with sleep disorders as well as seasonal and chronic allergies.

During Katy's career in nursing, she has coordinated inpatient and outpatient care and served as an advocate with the patient's best interest at heart. Her special training and experience in sleep medicine have provided Katy with a strong foundation in managing a wide range of patient conditions, from sleep apnea and insomnia to narcolepsy and restless leg syndrome.

Family time comes first in Katy's personal life. Dogs, cats, children and a husband keep her happy and busy! She also enjoys crocheting and resin craft projects.

Philosophy of Care

Katy develops a partnership with patients to provide the best care for their needs. She takes time to get to know each patient and what's important to them. Through education, Katy helps patients understand their condition and share in the decision-making process.

Research/Clinical Interest

- Sleep apnea
- Allergies

Education

Board Certified – Family Nurse Practitioner

Education and training:

Master of Science in Nursing
Goshen College | Goshen, IN

Bachelor of Science in Nursing
Goshen College | Goshen, IN
