



## Lylian Hermann, MSN, RN, FNP

**Specialty:** Family Medicine

✔ Welcoming new patients

**Other languages** Portuguese, Spanish

### **GOSHEN PHYSICIANS FAMILY MEDICINE – MILFORD**

201 S Main Street, Milford, IN 46542 [Get Directions](#)

**Existing Patients: 574-658-4142**

**New Patients: 574-537-5000**

### **Biography**

Lylian Hermann is a family nurse practitioner at Goshen Physicians Family Medicine Milford. She works closely with a clinical team of providers to deliver primary care for patients of all ages throughout the lifespan. Her services range from preventive care and wellness visits to treatment for acute illnesses and management of chronic diseases.

Lylian holds a particular interest in disease prevention through lifestyle modification, including nutrition, exercise and stress management. Fluent in Portuguese and Spanish, she serves as an interpreter to bridge communication barriers between patients and healthcare providers.

When Lylian is away from clinical medicine, she surrounds herself with family and friends. A lover of travel and the outdoors, Lylian also embraces new adventures and cultural diversity.

### **Philosophy of Care**

Patient care is a partnership between provider and patient for Lylian. She considers all aspects of a patient's well-being to build a plan of care tailored to individual needs and goals.

### **Research/Clinical Interest**

- Primary medicine
- Preventive care
- Lifestyle modification
- Mental wellbeing
- Chronic conditions, such as hypertension and diabetes
- Common illnesses

### **Education**

Board Certified – Family Nurse Practitioner

Education and training:

Master of Science in Nursing

Goshen College | Goshen, IN

Bachelor of Science in Nursing

Bethel College | Mishawaka, IN

Associate of Science in Nursing

Bethel College | Mishawaka, IN

Bachelor of Economics

Universidade Candido Mendes | Rio de Janeiro, Brazil

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