




2018

Community Health Needs
EXECUTIVE SUMMARY



Goshen Health



The mission of Goshen Health is to improve the health of our communities by providing innovative, outstanding care and services, through exceptional people doing exceptional work.

Executive Summary of Findings for Goshen Health Communities

Introduction

In 2018, Goshen Health completed an evaluation of its communities' healthcare needs as required by the Patient Protection and Affordable Care Act. This process continues Goshen Health's long-standing practice of regularly identifying and addressing health needs within its communities.

To identify the health needs for the 2018 Community Health Needs Assessment (CHNA), data were collected from secondary sources and from Latino and non-Latino parents and guardians of school age children, Amish, community leaders, focus groups and key informants from business, not-for-profit and service organizations, health care and mental health workers, and those from or representing vulnerable or medically underserved populations. These data were analyzed to identify and prioritize health needs in the Goshen Health communities. These sequential steps are noted in the figure below.

Based on findings of the 2018 CHNA report, Goshen Health will develop initiatives that focus on improving the health of those it serves.



Figure 1: Data and the Prioritization of Community Health Needs



Community Health Needs in Goshen Health Communities

The health needs were identified after an extensive analysis of secondary and primary data that included surveys, focus groups and key informants.

Health Needs Identified

- Alzheimer's
- Cancer
- Cardiovascular
- Dental care (Dentist)
- Diabetes
- Education, formal
- Family and social support
- Health education
- Housing
- Insurance coverage
- Mental health
- Mental health providers
- Navigation of the healthcare system
- Nutrition
- Obesity
- Parenting education
- Physical fitness
- Physicians: primary care and other
- Policies and programs
- Poverty
- Prenatal/early childhood
- Preventive health
- Substance abuse: alcohol, drugs, addiction
- Tobacco use/smoking
- Transportation
- Unsafe sex
- Vaping
- Violence



Prioritized Community Health Needs

The Goshen Health Community Advisory Committee met on August 2, 2018, to prioritize the community health needs that had been identified. The committee included broad representation from the community, as well as Goshen Health leaders. Participants included:

- **Susan Franger**, Vice President, Cancer Services and Marketing, Goshen Health
- **Dr. Lydia Mertz**, Health Officer, Elkhart County Health Department
- **Merv Miller**, Assistant Chief, Goshen Fire Department
- **Rob Myers**, Chief Operating Officer, Goshen Health
- **Shannon Oakes**, Senior Program Officer, Community Foundation of Elkhart County
- **Gilberto Perez**, Dean of Students, Goshen College
- **Deb Stack**, Senior Market Informatics Analyst, Goshen Health
- **Susan Stiffney**, Asst. HR Director & Health Services Coordinator, Goshen Community Schools
- **Kari Tarman**, Manager, Marketing and Communications, Oaklawn Psychiatric Center

After establishing the criteria for determining which of the health needs would be prioritized, the committee identified 13 health needs as the most significant. The committee then ranked these 13 significant health needs after establishing criteria that would guide the process. The outcome of this effort is noted below.

Goshen Health will determine which of these prioritized and ranked health needs it will address and develop an action plan for doing so.

COMMUNITY HEALTH NEEDS

Rank Order	Prioritized Health Need
1	Mental health
2	Obesity
3	Substance abuse: alcohol, drugs, addiction
4	Diabetes
5	Mental health providers
6	Tobacco use/smoking
7	Poverty
8	Nutrition
9	Physical fitness
10	Physicians: primary care and other
11	Insurance coverage
12	Family support
13	Health education

Table 1: Prioritized Health Needs





Elkhart County Health Department
Lydia Mertz, MD
Elkhart County Health Officer
September 13, 2018

Health Officer

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To All Concerned:

I have reviewed the executive summary of the CHNA for Goshen Health. I also was fortunate enough to be a part of the committee's evaluation of health needs in this community, and took part in the ranking process. I find the health needs identified and the ranking of health priorities as listed in the executive summary to accurately reflect the needs and priorities of the community. The Elkhart County Health Department fully supports this information, and looks forward to assisting in its implementation wherever possible.

Thank you for allowing me to participate in this fascinating process.

Sincerely,

Lydia Mertz, M.D.
Elkhart County Health Officer

Improving the Lives, Health and Environment of our Community



Public Health
Prevent. Promote. Protect.