



✓ WELCOMING NEW PATIENTS

# Christina Dukehart, DO

*Family Medicine, Obstetrics*

## Locations

## Phone

### Goshen Physicians Family Medicine Nappanee

1953 Waterfall Dr, Nappanee, IN 46550 ([Directions](#))

Existing Patients: [\(574\) 773-4101](#)

New Patients: [\(574\) 537-5000](#)

## About

### BIOGRAPHY

Dr. Christina Dukehart is a family medicine physician who cares for patients of all ages, from newborns to older adults. She enjoys building long-term relationships with individuals and families and helping patients stay healthy through every stage of life.

Dr. Dukehart has special interests in women's health, obstetric care, addiction medicine, sports medicine and osteopathic manipulative treatment (OMT). She provides prenatal care and vaginal deliveries and provides a variety of in-office procedures, including skin biopsies, cryotherapy, Nexplanon insertions and removals and IUD insertions and removals. She also provides Suboxone treatment for patients seeking recovery support from opioid use disorder.

As an osteopathic physician, Dr. Dukehart takes a whole-person approach to care. She has received additional training in cranial OMT, a hands-on treatment approach that may help patients experiencing headaches, migraines, dizziness and some breastfeeding-related concerns.

When she's not caring for patients, Dr. Dukehart enjoys spending time with her family and cat, attending live sporting events, watching musicals and Broadway performances and going to comedy shows. She is a fan of the Colts, Fever, Blackhawks, Cubs and Pacers.

### PHILOSOPHY OF CARE

Dr. Dukehart believes patients deserve to be cared for like family. She enjoys celebrating milestones with her patients and helping them find realistic, sustainable ways to improve their health. Through education, open communication and shared decision-making, she works with patients to create care plans that align with their goals and fit their lifestyles.



Goshen Health

08/03/26 9:41:34

© Goshen Health. All Rights Reserved.

# Education

## Education and Training

Family Medicine Residency

Aurora St. Luke's Medical Center, Milwaukee, WI

Master of Public Health

Lake Erie College of Osteopathic Medicine, Erie, PA

Doctor of Osteopathic Medicine

Lake Erie College of Osteopathic Medicine, Erie, PA

Bachelor of Arts in Biochemistry and Molecular Biology

Goshen College, Goshen, IN

# Clinical Interest & Research

- Preventive care
- Women's health and obstetrics
- Addiction medicine
- Sports medicine
- Osteopathic manipulative treatment (OMT)
- Integrative medicine
- In-office procedures
- Chronic disease management
- Pediatrics and newborn care