



✓ WELCOMING NEW PATIENTS

Jaspaul Dhanota, MD

Family Medicine

Languages: Punjabi

Locations

Phone

Parkview Physicians Group - Family Medicine

3421 S Main St, Elkhart, IN 46517 ([Directions](#))

Existing Patients: [\(574\) 295-7178](#)

New Patients: [\(574\) 537-5000](#)

About

BIOGRAPHY

Dr. Jaspaul Dhanota is a family medicine physician who provides comprehensive primary care for patients of all ages, from newborns to older adults. He is passionate about helping individuals and families achieve better health through preventive care, chronic disease management and personalized treatment plans.

Dr. Dhanota earned a Bachelor of Business Administration from Guelph-Humber University in Ontario, Canada, before completing his premedical studies and earning his Doctor of Medicine degree from Aureus University School of Medicine in Aruba. He completed his Family Medicine Residency at East Carolina University in Greenville, North Carolina, where he was selected to serve as chief resident.

With experience caring for patients in rural, underserved and high-volume clinical settings, Dr. Dhanota has developed expertise in diagnosing and treating a wide range of acute and chronic conditions. His clinical interests include preventive medicine, healthy lifestyle changes, diabetes management and hypertension care. He also performs a variety of in-office procedures, including joint injections, skin biopsies, cryotherapy and suturing.

Dr. Dhanota believes great health care begins with listening. He takes time to understand each patient's concerns, goals and challenges and works alongside them to develop treatment plans that support informed, shared decision-making. His goal is to help patients better understand their health so they can confidently participate in their care and long-term wellness.

In addition to his clinical work, Dr. Dhanota has participated in community outreach programs, including migrant farmer outreach initiatives and a medical mission trip to the Dominican Republic.

Outside of medicine, Dr. Dhanota enjoys spending time with family and friends, especially with his young child. He also enjoys cooking, hiking and attending sporting events. He is committed to providing compassionate, evidence-based care that helps patients and families thrive at every stage of life.

PHILOSOPHY OF CARE

Dr. Dhanota believes that the best healthcare begins with listening. He takes time to understand each patient's concerns, challenges, and health goals so they can make informed decisions together. He believes patients should understand their health conditions and the factors that affect them, empowering them to take an active role in their care.

Shared decision-making is at the core of Dr. Dhanota's approach. He values the partnership between physician and patient, recognizing that the best outcomes are achieved when both are actively invested in the care plan.

Education

Education and training:

Doctor of Medicine

Aureus University School of Medicine, Aruba

Premedical Sciences

Aureus University School of Medicine, Brampton,
Ontario, Canada

Business Administration

University of Guelph-Humber, Ontario, Canada

Residency

Family Medicine Residency

East Carolina University, Greenville, North Carolina

Clinical Interest & Research

- Preventive care and healthy lifestyle counseling
- Diabetes management
- Hypertension management
- Chronic disease management
- Acute illness care
- Family medicine across all ages, from newborns to older adults
- Joint injections
- Skin biopsies and cryotherapy
- Suturing and minor office procedures