

YOUTH/K-12 PROGRAM OPTIONS

We offer a selection of programs that can be facilitated by a Goshen Health expert at your location! All programs include education as well as hands-on learning activities for students.



	PROGRAM	K	1	2	3	4	5	6	7	8	9	10	11	12
GARDENING/FARMING	Food Detectives Students will discover the importance of farms and gardens, identify the steps in the farm to table process and explore the health benefits of fresh over processed food													
	Grow Your Own Garden Students will recognize the importance of eating fruits and vegetables as part of a healthy diet and learn about basic gardening concepts													
	Seasonal Foods Students will recognize the importance of eating fruits and vegetables in season and understand how and when different foods grow													

**TO REQUEST A PROGRAM OR FOR MORE INFORMATION, CONTACT
COMMUNITYENGAGEMENT@GOSHENHEALTH.COM OR CALL 574-364-2496.**

Don't see what you are looking for? Ask us! We may be able to accommodate your program request or connect you with someone who can!