

## YOUTH/K-12 PROGRAM OPTIONS

We offer a selection of programs that can be facilitated by a Goshen Health expert at your location! All programs include education as well as hands-on learning activities for students.

[illegible]

[illegible][illegible][illegible]



[illegible][illegible]

	PROGRAM	K	1	2	3	4	5	6	7	8	9	10	11	12
GARDENING/FARMING	<b>Food Detectives</b> Students will discover the importance of farms and gardens, identify the steps in the farm to table process and explore the health benefits of fresh over processed food													
	<b>Grow Your Own Garden</b> Students will recognize the importance of eating fruits and vegetables as part of a healthy diet and learn about basic gardening concepts													
	<b>Seasonal Foods</b> Students will recognize the importance of eating fruits and vegetables in season and understand how and when different foods grow													

**TO REQUEST A PROGRAM OR FOR MORE INFORMATION, CONTACT  
 COMMUNITYENGAGEMENT@GOSHENHEALTH.COM OR CALL 574-364-2496.**

Don't see what you are looking for? Ask us! We may be able to accommodate your program request or connect you with someone who can!