



BUSINESS HEALTH ADVANTAGE WELLNESS SERVICES

Business Health Advantage shares the mission to improve the health of our community through offering solutions to employers and their employees. We provide flexible, modular and scalable programs, whether you need one service or a program, we are there for you. We also offer Spanish speaking options and literature in Spanish.

Services we offer:

- Bone density testing
- Cancer screenings
- CPR training
- Diabetes coaching
- Drug testing
- Educational presentations
- Employer clinics
- Fitness classes
- Health fairs
- Health screenings
- Kickoffs
- Mental health course
- N95 mask fitting
- TB testing
- Weigh in and weigh outs
- Wellness challenges
- Wellness council participation
- Wellness programs
- Vaccine clinics

For more information on any service or needs you may have please contact Heidi Castetter at (574) 534-1135 ext. 7833.



Goshen Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATTENTION: If you speak Spanish, language assistance services, free of charge, are available to you. Call 1 (574) 364-1000 (TTY: 711 or 1 (800) 743-3333 to be connected with *Relay Indiana*).

Goshen Health cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1 (574) 364-1000 (TTY: 711 o llame al 1 (800) 743-3333 para comunicarse con *Relay Indiana*).