



Patient's Name: _____

Appointment Date: _____ Appointment Time: _____

To reschedule your appointment, please call (574) 364-2400; 8:00 a.m. to 4:30 p.m. Monday – Friday

Preparation for **ADULT** (17 years of age and older)

Colon or Barium Enema

Colon with Air or Barium Enema with Air

APPROXIMATE TIME IN DEPARTMENT: 2-3 Hours

PLEASE NOTE: IF YOU HAVE A COLOSTOMY OR ILEOSTOMY, DO NOT DO A BOWEL PREP

DAY PRIOR TO THE EXAM

1. Eat a clear liquid breakfast, lunch, and supper

NOTHING BY MOUTH EXCEPT AS SPECIFIED BELOW:

2. BETWEEN 8:00 A.M. AND MIDNIGHT:
 - a. Drink at least, but not limited to, eight 8 oz. glasses of **clear liquids* throughout the day**. You can continue to have more clear liquids the rest of the day.
 - b. **5:00 p.m.:** Drink one (10 oz.) bottle of Magnesium Citrate**.
 - c. **8:00 p.m.:** Take for 4 Dulcolax Tablets**.
3. Please bring a list of all medications you take, prescription and over the counter.
4. Please bring a list of any medication allergies you have.

THE MORNING OF THE EXAM

1. Use one (1) Dulcolax Rectal Suppository**.
2. You may have clear liquids*.

***CLEAR LIQUIDS**- includes pop, apple and other clear juices, plain Jell-O, tea or coffee (sugar is ok; no cream, milk), water, clear soup broth, etc.

** **DULCOLAX TABLETS, DULCOLAX RECTAL SUPPOSITORY AND MAGNESIUM CITRATE** can be purchased at the drugstore. Please ask your Pharmacist.

SPECIAL SITUATIONS

1. If you are an **Insulin or Oral DIABETIC:**
 - a. Follow above prep instructions and bring your medication(s) with you to your appointment.
2. If you have a **colostomy or ileostomy**, you will need to bring an extra bag for the exam.
3. **FEMALE PATIENTS:** if you are pregnant and this was **NOT** mentioned at the time of scheduling; please call the Imaging Department (574) 364-2711 Monday-Friday 8:00 a.m. to 4:30p.m.

***Please check with your Insurance Company regarding specific Insurance Pre-Certification requirements. Many Commercial Insurance Companies require Pre-Certification for outpatient procedures.

Any questions regarding prep contact your doctor's office.