



Goshen Hospital

Cardiopulmonary Services

200 High Park Avenue
Goshen, Indiana 46526

Phone: (574) 364-2625 Fax: (574) 364-2791

Appointment Date and Time: _____

Hours of Operation Monday - Friday 7 a.m. – 4 p.m.

To Schedule Please Call (574) 364-2400

Fax Order To (574) 364-2410

Patient Name _____

Date of Birth _____ Social Security # _____

Address _____

City _____ State _____ Zip _____

Telephone # _____

Primary Insurance _____

Primary Policy # _____ Group # _____

Secondary Insurance _____

Secondary Policy # _____ Group # _____

Ordering Physician Signature _____

Ordering Physician _____

Primary Care Physician _____

Send Copy To _____

Fax Results To _____

Diagnosis #1 _____ ICD-10 Code _____

Diagnosis #2 _____ ICD-10 Code _____

Diagnosis #3 _____ ICD-10 Code _____

Diagnosis #4 _____ ICD-10 Code _____

Routine _____ Phone _____

STAT _____

Fasting _____

	EKG / ECG		
	Cardiac Stress Test Standard/ Exercise		Sputum Specimen Collection x1____ x3____ • If x3, pt needs to come three consecutive mornings
	Stress Echo Walking/ Exercise		
	Dobutamine Stress Echo		
	Short term Holter Monitor • 24 hr____ • 48 hr____		Spirometry w/Bronchodilator
	Long term Holter Monitor • 3-7 days____ • 8-14days____		Full PFT *Includes Spirometry & Bronchodilators, Diffusion Capacity & Plethysmography
	Event Monitor • 14 days____ • 30 days____		Provacholine Challenge: * Pt must have baseline FEV1/FVC% of 70% or greater to perform this test. Other PF tests cannot be done with challenge.
	Nocturnal Oximetry • ____ Room Air • ____ O2 LPM		
	Arterial Blood Gas ____ Room Air ____ O2 LPM • Needs to be scheduled		Pulse Oximetry ____ Room Air ____ O2 LPM
	Venous Blood Gas • Drawn in Lab		
	Special Instructions:		
			See Reverse Side for Additional Instructions

Special Instructions

All Patients:

- Call to reschedule, if you are unable to keep your appointment. 574-364-2400
- Bring a list of all of your current medications and when you take them.

FOR PULMONARY FUNCTION TESTING:

- Do not take a breathing treatment (including inhaler treatments) within 4 hours prior to the test unless you have been specifically instructed to do so.
- You may eat a light meal before testing.
- Patients must be 13 years or older to schedule.
- Duration of appointment will be 45 minutes.

FOR CARDIAC STRESS TESTING:

- Get a good night's rest prior to the test.
- Nothing to eat or drink after midnight.
- Wear comfortable, loose-fitting clothing and walking shoes (tennis shoes, sandals).
- **Hold** caffeine products 12 hours prior to test. This includes coffee, decaf coffee, colas, chocolate, energy drinks, Excedrin.
- **Hold** Beta Blockers, Nitrates, and Ranexa 24 hours prior to test. (Beta Blocker names end in -OLOL. Nitrate names start with ISO-)
- **Hold** Diabetic meds the morning of your test.
- You may take their other medications with sips of water including **blood pressure medications**.
- You may bring medications to take as soon as the stress test is complete.
- Duration of appointment will depend on which type was ordered:
 - ✓ Standard Stress Test - 45 minutes
 - ✓ Walking Stress Echo - 60 minutes
 - ✓ Dobutamine Stress Echo - 60 minutes

FOR CARDIAC MONITORS:

- Your chest area must be clean. No lotion or oil on the chest.
- Please wear front-closure clothing.
- Patients must be 18 years old or older, unless approved by Goshen Heart & Vascular Cardiology.
- Duration of appointment will be 30 minutes.
