

CORONARY ARTERY CALCIUM SCREENING

A provider referral is required. Call Patient Access at (574) 364-2400 to schedule an appointment.

PURPOSE

- Define presence of calcium in coronary arteries (coronary atherosclerosis)
- Provide strong predictor of cardiac events

PATIENT BENEFITS

- Identifies risk for cardiac disease within next 10 years
- Identify treatment options before symptoms begin
- Identify signs of coronary artery disease
- Quantify amount of plaque buildup

TREATMENT OPTIONS

Depending on risk, treatment could include therapeutic lifestyle changes, cholesterol medication (statin therapy) or additional cardiovascular testing. Your provider will discuss these options with you.

PATIENT COST

\$75

SCREENING PROCESS

Prep (after midnight day of exam)

- No nicotine
- No caffeine
- No rigorous exercise

Scan takes only a few minutes

- Safe
- Noninvasive
- Painless
- Low-dose radiation exposure

PATIENT CRITERIA

- Women and men at risk, ages 35-80
- Patients at risk for a cardiac event within next 10 years
- No chest pain, dyspnea on exertion, or known CAD (coronary artery disease) or PAD (peripheral arterial disease)

RISK FACTORS FOR HEART ATTACK

- Family history of heart disease
- Tobacco use
- High blood pressure or high cholesterol
- Peripheral arterial disease (PAD)
- Diabetes
- Obesity



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