



Goshen Hospital

Cardiopulmonary Services

200 High Park Avenue

Goshen, Indiana 46526

Phone: (574) 364-2625 Fax: (574) 364-2791

Appointment Date and Time: _____

Hours of Operation Monday - Friday 7 a.m. – 4:30 p.m.

To Schedule Please Call (574) 364-2400

Fax Order To (574) 364-2410

Patient Name _____

Date of Birth _____ Social Security # _____

Address _____

City _____ State _____ Zip _____

Telephone # _____

Primary Insurance _____

Primary Policy # _____ Group # _____

Secondary Insurance _____

Secondary Policy # _____ Group # _____

Ordering Physician Signature _____

Ordering Physician _____

Primary Care Physician _____

Send Copy To _____

Fax Results To _____

Diagnosis #1 _____ ICD-10 Code _____

Diagnosis #2 _____ ICD-10 Code _____

Diagnosis #3 _____ ICD-10 Code _____

Diagnosis #4 _____ ICD-10 Code _____

Routine _____

Phone _____

STAT _____

Fasting _____

	EKG / ECG		
	Cardiac Stress Test Standard/ Exercise		Sputum Specimen Collection x1_____ x3_____ <ul style="list-style-type: none"> If x3, pt needs to come three consecutive mornings
	Stress Echo Walking/ Exercise		
	Dobutamine Stress Echo		Spirometry w/Bronchodilator
	Short term Holter Monitor 24 hr_____ 48 hr_____		Spirometry
	Long term Holter Monitor 7 days_____ 14days _____		Diffusion Lung Capacity
	Event Monitor 14 days_____ 30 days_____		Plethysmography
	Nocturnal Oximetry		
	Arterial Blood Gas _____ Room Air _____ O2 LPM • Needs to be scheduled		Full PFT *Includes Spirometry & Bronchodilators, Diffusion Capacity & Plethysmography • If unable to perform pleth, Nitrogen Washout will be done
	Venous Blood Gas • Drawn in Lab		
	Pulse Oximetry _____ Room Air _____ O2 LPM		Provocholine Challenge: * Pt must have baseline FEV1/FVC% of 70% or greater to perform this test. Other PF tests cannot be done with challenge.
	Other:		
	Special Instructions:		
			See Reverse Side for Additional Instructions

Special Instructions

All Patients:

- Call to reschedule, if you are unable to keep your appointment. 574-364-2400
- Bring a list of all of your current medications and when you take them.

FOR PULMONARY FUNCTION TESTING:

- Do not take a breathing treatment (including inhaler treatments) within 4 hours prior to the test unless you have been specifically instructed to do so.
- You may eat a light meal before testing.
- Pulmonary Function testing may take 45 to 60 minutes.

FOR CARDIAC STRESS TESTING:

- Get a good night's rest prior to the test.
- Wear comfortable, loose fitting clothing and walking shoes (tennis shoes. No sandals)
- **NPO** 4 hours prior to test.
- **Hold** caffeine products 12 hours prior to test. This includes coffee, decaf coffee, colas, chocolate and Excedrin.
- **Hold** Beta-blockers, Nitrates, and Ranexa 24 hours prior to test.
- **Hold** Diabetic meds the morning of your test.
- You may take their other medications with sips of water including **blood pressure medications**.
- You may bring medications to take as soon as the stress test is complete.

FOR CARDIAC MONITORS:

- Your chest area must be clean. No lotion or oil on the chest.
- You will be at the hospital for approximately 30 minutes. Your actual testing time is determined by the monitor your doctor ordered.
